

Success, Is That You?

Those highly trained Young Inspectors have been at it again! They have been carrying out another National Participation Standards Inspection within Families First services. This time they were working with the Healthy Lifestyles Package, which is led and co-ordinated by Cardiff and Vale University Health Board.

This FF package helps and supports children, young people and parents/carers to have healthy lifestyles.

The inspection was a great success and we would like to thank the package and all of their partners for their hard work during the self-assessment and inspection process.

Young Inspector Chloe (14) said “Everyone in this package is very informative, friendly and well trained. The young people involved appear to be satisfied with the operation of the service. They are very involved in the development and progression of the package and they update the services as a result. This means that the services are more suitable for the ages”



Young Inspector Lisa (19) said “The Self-Assessment Report was clear and precise in its layout and easy to read. It was really interesting to read about the projects and how they improve their services based on the opinions of the users’

The inspectors have been very creative over the summer, developing an idea of using animation to help with the inspections! The idea was to create something that would explain the inspection process and what is required when going through an inspection. This would then be shared with partners and package leads when going through an inspection.

Young people gave up their summer holidays to produce the short film and we hope you agree it is great!

Please check out the film by following this link to the Cardiff Youth Council You Tube Channel :

<https://www.youtube.com/watch?v=znc35muMizA>



Cardiff Youth Council -
Cyngor Ieuenctid
Caerdydd

July – Sep 2015

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On Your Marks, Get Set, Go!



Make Your Mark is Europe's largest survey of 11-18 years and CYC coordinates this incredible programme here in Cardiff.

Cardiff MYP Xinyu Ye (15) said ' Make Your Mark is really important here in Cardiff as it captures the issues that are really important to young people. We hope to reach 10,000 this year!'

CYC have delivered ballots to every high school and youth centre across the city. It will be all hands on deck when the completed ballots are returned on October 2nd and we will begin the big count!

Once the results have been counted 3 things will happen:

1. Each school will get their individual results so work can take place locally where appropriate.
2. CYC will look at the top issues identified across the city use them to set this years priorities.
3. The Cardiff results are sent to the UKYP in London to be added to the rest of the countries votes.

The national issues are then debated by Members of Youth Parliament (MYP) in the House of Commons in November as part of Parliament Week.

Ibby Osman Cardiff MYP (15) said ' I am really looking forward to debating the issues highlighted by young people from across the country when we travel to London'.

We will publish the results of the Make Your Mark in the next edition of the Shout Out.



Cardiff Stuttgart 60th Anniversary Twinning Fayre

On Saturday the 26th of September our wonderful city is celebrating once again, it's European Day of Languages! This will be bringing us closer to our twin city of Stuttgart, Germany, they have been twinned as sister cities for 60 years. There are many ways that this partnership has been active including the youth element.

As you know Cardiff has an ever-present youth council that works on the basis of voluntary participation. Well, Stuttgart also have a Youth council/parliament: Jugendrat Stuttgart. The point of difference however is that Jugendrat Stuttgart is an elected group of youth representatives. The formality of which is highly impressive.

So for the past few weeks Cardiff Youth Council members have been working their socks off organizing a fayre that will be held at Cardiff Central Library's. Europe Direct, who are hosting the day have kindly delegated the meeting room on the fourth floor to our CYC Twinning Fayre, from 1 till 4pm!

We will be celebrating and acknowledging the twinning arrangement and of course EVERYTHING will be German themed! Name the teddy, guess the number of sweets, face painting, sweet pots, games, all at no cost to you whatsoever!

All of this takes place on Saturday the 26th of September at Cardiff Central Library on the 4th floor.



Votes at 16

Give an hour, get an hour Time Credits.

CYC have been working with key decision makers to campaign for young people aged 16 and above to have the right to vote. This work has included working with the Presiding Officer of the National Assembly for Wales co-hosting young people from across Wales at the Assemble The Youth conference. Working with Cardiff Council to develop a motion stating that Cardiff Council formally supports the Votes@16 campaign. Alongside this a number of key actions are planned for the autumn including a social media campaign with the hashtag: #cardiffvotesat16.

Watch this space for more updates on this important campaign.



#cardiffvotesat16.

CYC are pleased to recognise young peoples contribution with Time Credits from September! Time Credits are a way of recognising people giving up their time to benefit others and Cardiff Youth Council is definitely about working to make Cardiff a better place to live, work and play! If you work on CYC campaigns or programmes you get the opportunity to earn time credits. You can then spend these in a variety of ways across the city.



BYC touches down in Cardiff.

BYC Wales Convention was once again held in Cardiff this year. They only national events for youth councillors and youth representatives across the UK. These one day events held across the UK are designed to inspire and support young people to change their world, whether that's making a positive change within their local communities, taking part in a national campaign or tackling a global issue. This year 9 CYC members attended the event with other forum members from across Wales in the Park Inn hotel. They gained new skills in

things such as public speaking, campaigning and also workshops on the Make Your Mark Ballot. CYC member Karan said "It was great to meet so many likeminded young people from across Wales. The work shops were

really good and we learnt loads about public speaking"

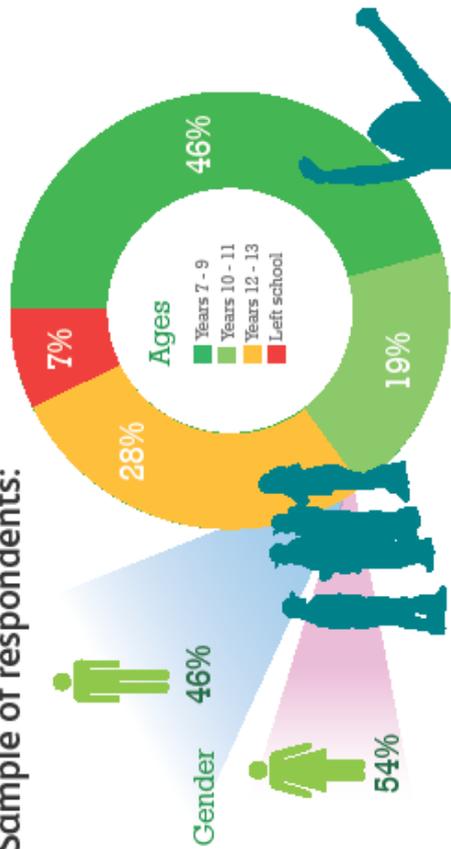


Cardiff Youth Council has conducted a survey to find out the views of young people about how well PSE prepared them for life. We had over 1030 responses. Please see the findings below:



For full details of this article: www.cardiffyouthcouncil.com

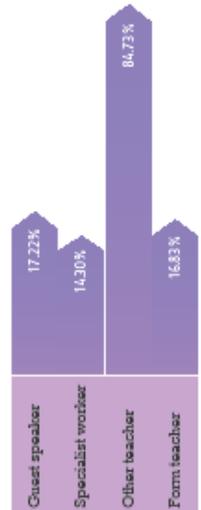
Sample of respondents:



Does our curriculum prepare us for life?

"Although some of the work we are taught in PSE has relevance, it seems to lack substance in some areas. I often find that we jump from one subject to another before we have even started the first. Lots of the subjects need to be backed up with more detail, as I find that everything taught is very brief."

Who teaches us?



"At the moment, it just feels like a time-killing subject. Schools could do more to make this a highly anticipated subject where you can learn helpful skills for life. It is also not given enough importance as teachers are often pulled from other areas (Psychology in my case) to teach it, and this gives students the wrong impression"

Employment & Taxes

"I don't feel that I know a lot about government issues or working. I also don't know how taxes, voting, rent and other regular payments work"



Independent living

"It needs more lessons on how to independently manage on your own in real life eg. Bills, housing and taxes etc"



Documents

"It is really important that we get taught about these things like passports and driver's licences as these are things we need in the future, we need them for all sorts of things like identification, when applying for things"



Housing

"Having a roof over your head is important but nobody teaches you about rent, bonds or mortgages, that can't be right!"



Parenting

"We should learn more about our human rights, how to parent properly, how to recognise a mental disorder"



Money Skills

"I think we should get taught about money skills because we need to be taught how to use our money wisely when we are older"



First aid

"I think that PSE is fine as it is right now but there should be more lessons about other subjects that could help us when we grow up like the first aid"



How to prepare us for life?

"I think that we should be taught more about independent living and democracy and rights. I feel like our education system doesn't teach us enough about basic life skills such as housing, parenting, mental health and national politics rather than things such as healthy eating and smoking considering these are things most people with common sense should understand. This is why, in my opinion, that most young people (with basic life skills) are more confused than they should be in this day and age: due to our education system not teaching us the things we should know about"

"poorly taught, very badly neglected as a subject. Get some teachers that actually specialise in the subject NOT COVER TEACHERS"

"Personally my experience of PSE days has been very un-useful and irrelevant to my life. For the subjects that actually might hold some importance to me, we put on a video. I think they should inquire about what we would like/need to learn to prepare them for life. I haven't learned any skill during my very few PSE days that has equipped me for dealing with any real life scenarios. We learn theories that would all be become useless in practice"

"I think PSE would be more engaging if we had 'experts' teach the subject or even people with personal experiences with abuse/trauma or Citizen's Advice for financial forms advice for example, instead of a PE teacher who didn't really care and we didn't trust to give us sound advice on the subject"

For full details of this article: www.cardiffyouthcouncil.com

CYC Needs You!

CYC members work together to try to make Cardiff a better place to live, work and play and although anyone can get involved throughout the year we actively recruit new members at the start of the autumn term.

This year we have held a drop-in information session, visited Fresher's events and worked with key politicians to write to every High School inviting representation on the city's youth council.

We would warmly welcome individuals or representatives from community groups to join us either in person or via our social media channels. It not only helps contribute to the great city we live in while giving you amazing opportunities, its great fun too!

Contact us @

Email: cardiffyouthcouncil@cardiff.gov.uk

Twitter: @cardiffyc

FB: www.facebook.com/cardiffyouthcouncil

Blog: www.cardiffyouthcouncil.com

YouTube: www.youtube.com/cardiffyouthcouncil



CYC who we are and what we're all about?

We are the official network for young people advocating positive change, to make Cardiff a better place to live, work, and play. In a sentence, that's what we are... Basically, it's a youth forum, where young people from the age of 11, up to the age of 25 can meet with other like-minded young people to work on campaigns and issues in all forms. So basically, if you fit into that age bracket, live in and around Cardiff, and care about a broad range of stuff, then this is the place to go, to get your voice heard and your opinions counted! How do *you* fit in to all of this? We meet on a monthly basis- and if these meetings, or even a few of these meetings and involvement on social media are all you can commit to, that's fine! Any involvement is great, as we function on

having a big group representing the youth of Cardiff, working hard and making change happen! And we do make change happen, which is great, because what we do as young people is important, and deserves to be acknowledged, we deserve to see a response to the things we do! Additionally, we'll be hurling opportunities your way, of various nature and theme, including exciting and interesting trips and visits, residential outings, and so on! Anybody can get involved- as well as representatives sent from schools and organisations across Cardiff, we're also made up of lots of individuals from all backgrounds. We want our Youth Council to be as diverse, interesting and varied as our city is.

It's super easy to get involved- you literally just turn up to one

of our meetings! There's absolutely no commitment to stay if you decide it isn't for you, and any feedback you have would be appreciated regardless!

Please come and join in at one of our next meetings we'd love to see you there, (plus there'll be free tea and biscuits, always a bonus, right?) We know how expensive public transport can be in Cardiff, in fact, it's one of the issues brought up regularly in youth council, and we try to offer alternatives. If you present any bus or train tickets used to reach our meetings, we'll reimburse them, as we wouldn't like to put you out of pocket!

Mae
CYC Chair.



**Cardiff Youth Council -
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Cardiff Youth Council are a
representative council for 11-25
year olds that advocate for positive
change across the City of Cardiff.



CYC General Meetings

Dates: 14th Oct/18th Nov/16th Dec.

Venues: City Hall, Cardiff.

Time: 4:30pm till 7pm

Arrival at 4.30pm tea and coffee served

Meetings start by 5pm.

Finish 7pm.

Social Media

Join in the conversation?



YouTube

Check out our Blog:

www.cardiffyouthcouncil.com



For more information on Cardiff Youth Council
please visit the Young Wales web site.

<http://www.youngwales.wales/>



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